

FEBRUARY 18
-through-
MARCH 17
2018

THE CORNERSTONE *Newsletter*



King of Kings

THE LIFE, DEATH, AND
RESURRECTION OF JESUS



The Cornerstone is your guide to ministry opportunities at Upper Arlington Lutheran Church. Look inside for ways to take next steps in your faith journey, grow deeper through service opportunities, and be encouraged through stories of God at work! If you'd like more information about our church, please stop by the Connect Center in the lobby.



Upper Arlington Lutheran Church
web www.ualc.org | email ualc@ualc.org | phone 614-451-3736

Welcome to Upper Arlington Lutheran Church!

We're glad you're here!

I'm a life-long Lutheran, baptized in a Lutheran church the day I was one-month old.

I've never known life without Jesus. And I've always loved church—even as a child. There was something about being in the Sanctuary—the stained-glass windows, the people, the reverence, the stillness and peace. And the music...it captured my heart at an early age and to this day, I love worshipping through music.

I moved to Columbus following college and began church-shopping, quickly discovering it was hard to find the right place. But I clearly remember the first time I attended UALC. I walked through the front doors and instantly felt something unlike anything I had felt before. The presence of the Holy Spirit was palpable and I immediately had the sense that I was “home.” Over time that initial feeling was confirmed.

Soon after becoming a member, I was approached by Larry Weaver. He was directing the choir, heard me singing and invited me to choir practice. I was thrilled because I wasn't singing anywhere and music had always been part of my life. Shortly after that, Craig Courtney invited me to join the Contemporary Worship Team, so I sang in both groups. 22+ years later, I'm still singing and worshipping through music.

Over the years, I've had the privilege of planning both Traditional and Contemporary worship. In addition to my role as Director of Congregational Care, I currently plan Traditional,

which is a wonderful service to plan. I believe Traditional worship offers one of our greatest opportunities for growth. While some may think Traditional equals “stodgy, boring,” I invite them to experience Traditional—the richness in the hymns and liturgies of the church, beauty and meaning in the traditions. As I plan, digging into the Word—in Scripture, liturgy, and song—God continues to grow me and my faith. It is a joy working to creatively design worship that offers people the opportunity to praise, experience and encounter God.

UALC is a gift and blessing in my life. I love this church. It is here that God, and His people, grow, challenge, teach and inspire me. I continually see the faithfulness of God through my work in Congregational Care and Worship. I believe He has an exciting future for this congregation, which I'm thrilled to be part of.



The love I had being in the Sanctuary as a child, remains in me today. On the best days, I go there to thank Him for the joys and blessings. On the hardest days, it is the place I want to go to seek the comfort and peace that comes only from Him. In all things, I invite all of us to worship the King of Kings!

In Christ,
Becki Bork

Worship Planner, Lytham Road Traditional



Coming Up:

February is Pantry Soup Month

Please bring your cans of soup to Lutheran Social Services carts at MR and LR.

Contact: Tom Andres, tom.andres@att.net;
614-457-9070

SE Ohio Summer Mission Meeting

Come hear Mary Bates, Director of Helping Appalachian Rural People (HARP), give an overview of summer mission trips to Southeast Ohio.

Sunday, Feb. 25, 10:30-11:30 am, MR
Becky Armstrong, barmstrong3911@gmail.com,
614-580-7241

Women of the Word Bible Study

Join other women to study the newly revised “No Other Gods” by Kelly Minter. This 8-week study will challenge women to evaluate the modern-day idols in our culture and embrace a deeper, more meaningful relationship with Jesus.

Four session meeting times start the week of March 1

Details: ualc.org/adults, fee \$16
Contact: Christie Masheter, wow@ualc.org

Adult Sunday School at Mill Run

Starting on March 4, we will be working through the books of Obadiah, Jonah and Micah. Join us for this new study led by Mark Locher.

Sundays, 9:00 am, MR
Contact: jwebb@ualc.org

Discover Your Spiritual Gifts

Learn about Spiritual Gifts, what Scripture says about them and why they are important. Then, discover your own gifts. This is a great class for those new to UALC.

Wednesdays, March 7-28, 6:30-8:00 pm, MR
Cost: \$5

Details and registration: ualc.org/adults

Women’s Captivating Bootcamp

Join other women and take an opportunity to be refreshed and renewed as the Lord speaks to your heart. This weekend’s focus is based on the book “Captivating” by Stasi Eldredge.

March 22-25, Eagle Wings Lodge in Logan, OH
Registration and details: ualc.org/adults, cost \$285
Contact: Amy Adams, wbootcamp@ualc.org

Volunteers Needed to Help Families

The Family ESL Program is a full family educational program where each family member is taking steps out of poverty through education. Children receive academic support while their parents/grandparents study ESL (English as a Second Language) to help them out of poverty. Volunteers are needed in all areas of the program including Early Childhood, academic support, adult classrooms, supplying light meals and more.

Tuesday and Thursday evenings, MR
Details: son-ministries.org, 614-586-7939



Family, Youth & Children:

Baptism Workshops

Come to the Baptism Workshop and you can prepare for that next step in your life. Adults, teens, and children of any age are welcome. Parents can learn more about God's plan for passing faith on to children and how UALC partners with families.

The first Sunday of every month, 12:00-1:00 pm

March 4, May 6 & July 1 at MR,

June 3 & August 5 at LR

Details and registration: ualc.org/elementary

Contact: David White, dwhite@ualc.org

Middle School Ministry (MSM)

MSM Late Nighter

Come hang out with MSM at the Spring Late Nighter for some crazy fun and games, fellowship, and ice cream! Friends welcome.

Friday, March 16, 6:30-11:00 pm, LR

MSM Micro Mission

Join us for a two-part introduction to missions and service-mindedness for middle schoolers.

Friday night includes a Poverty Workshop to learn about poverty and what God says about it, then come back on Saturday for the Day of Service.

Poverty Workshop with dinner—Friday April 13, 5:00-8:00 pm; Day of Service—Saturday April 14, 8:00 am-5:00 pm

MSM details and registration: ualc.org/middleschool

Contact: Kelsey Payne, kpayne@ualc.org

High School Ministry (HSM)

“Can I Ask That?” Part Two

Do you have questions you'd like to ask about your faith? We'll meet to study and discuss topics such as evolution, marriage and sexuality, and the imperfection of the Christian church. Come to all sessions or drop in when you can.

Tuesdays, Feb. 13 - March 13, 6:30-8:00 pm, MR

HSM details: ualc.org/highschool

Contact: Catherine Scurria, cscurria@ualc.org or Aaron Thompson, athompson@ualc.org

Start Making Summer Plans

Watch for more details about summer camps and mission trips.

Vacation Bible School - June 11-15

Kids' Camp - July 15-19

MSM Summer Camp - June 24-28

HSM Summer Camp - June 25-30

HSM Houston Mission Trip - July 8-14

HSM Atlanta Mission Trip - July 16-25

Cedar Campus Family Camp - July 28-August 3

Sports & Fitness Opportunities:

Visit ualc.org/sports for details including fees.

Christian Yoga - Sundays

An energetic yet relaxing yoga practice that helps declutter physical or emotional impediments to a deeper relationship with Christ.

Sundays, 7:00-8:00 pm, MR

Julie Carter, 614-403-8313, juliecarteryoga@gmail.com

God's Hygiene Help Center

Have you seen Diane and Tammy around church? Some people think they are sisters, but they are really two good friends doing God's work through God's Hygiene Help Center. Six years ago, Tammy Jewell saw a need for hygiene and cleaning items for those in need. The food pantries and shelters were supplying many needed items, but Tammy soon realized that there was no resource for dignity items. She had always helped people, but how much help could she provide on her disability check? God told her, "You start a help center. I will provide."

Every month Tammy helps about 140 people who come to her door for hygiene and cleaning items. Those needing help include a number of refugees. After attending the Bridges class and the recent "Without Borders" conference at UALC, Diane and Tammy have distributed copies of the Injeel (the New Testament in Arabic-English) along with other items. Diane

explained, "As ambassadors for Jesus, our goal is to construct a bridge by which our friends can cross over from misunderstanding to truth, from fear to faith. Set goals for how many copies of the Injeel you want to gift to your new Muslim friends. Be intentional about engaging with Muslims."



Diane Hendrickson & Tammy Jewell

The new God's Hygiene Help Center Board is scheduling speaking engagements for Tammy Jewell to talk to various small groups, clubs, organizations and school groups. She will share about growing up with poverty and abuse and how God directs her to help others in need. Contact: Diane Hendrickson, 614-329-4661, godshygiene@gmail.com.

Christian Tai Chi/Yoga - Mondays

Increase balance, flexibility and core strength while reducing stress in a biblical approach to tai chi and yoga.

Mondays, 4:15-5:15 pm, LR

**Pam Mann, pmann@fastmail.fm,
614-592-9863**

Christian Yoga - Mondays

Practice body stewardship through strengthening, stretching, deep breathing, and meditation on Scripture.

Mondays, 5:30-6:30 pm, MR

Stephanie Schroer, 614-581-0261, slschroer1@gmail.com

REFIT® Cardio Fitness for Women

REFIT® is a program for that engages the whole person: body, mind, and soul. Classes designed for women of all fitness levels.

Thursdays, 6:00-7:00 pm, LR

**Stacey Swanson, 614-260-4584,
slw315@yahoo.com**

Tae Kwon Do

Develop self-defense skills and enjoy regular exercise within a Christian environment.

Classes for ages five and up on Mondays, Wednesdays, and Saturdays.

Men Over 30 Basketball

Shoot hoops and enjoy exercising with other men.

Mondays, 7:00-9:00 pm, MR



Sports & Fitness Opportunities:

Softball

Co-Ed Sunday Afternoon Softball

The co-ed softball team emphasizes fun and fellowship. Ages 16 and older. Games are Sundays from May-August.

Monday Night Men's Softball

This competitive and fun church league is for UALC members 16 years and older. Games are Monday nights from April-September.

Thursday Night Men's Softball

This league of four teams focuses on fun, fellowship and a competitive spirit. Sons age 16 and older are welcome with their fathers. Games are Thursday nights May-August.

Adults 65+ :

While the opportunities listed here are planned with Adults 65+ in mind, if you are interested, please join us! We do not discriminate based on age, and all are welcome. Inclement weather policy - All events and meetings will be canceled if either Upper Arlington or Hilliard Schools are closed due to weather.

Contact and register: 65plus@ualc.org, or call 614-451-3736, ext. 4652.

Progressive Euchre Card Party

Never played? Come and learn—all ages welcome! Bring a friend and a snack to share.

Tuesday, Feb. 27, 1:00-4:00 pm, LR

Thursday Bible Study

“The Kingdom of God is Like...” – Learning from Jesus’ parables about King and life in His Kingdom.

Thursdays, Feb. 22-Mar. 29, 11:00 am-12:00 pm, LR

Monthly Lunch and Program

There will be no monthly program on March 1 due to Midweek Lenten Meditation Services. Join us for the service with communion, followed by a light lunch.

Thursday, March 1, 12:00 pm, LR

In-Town Mission Trip

Columbus Dream Center - Prepare and serve a hot meal. Donations are needed; hot dogs, buns, large cans of baked beans, and applesauce can be labeled “65+” and dropped off at the Lytham Road kitchen. Wednesday, March. 7, 11:00 am-2:30 pm, meet at LR to carpool. RSVP by March 1.

Get Involved:

Food Pantry Volunteers Needed

Help Serve at the Lutheran Social Services Food Pantry at 1460 S. Champion Ave. in March.
Tuesdays, March 6 & April 10; 10:00 am-2:30 pm,
Saturdays, March 10 & April 7; 12:00-3:00 pm
Contact: Tom Andres, tom.andres@att.net

New Support Group for Caregivers

We know that care-giving is lonely stuff and we all need the support and encouragement from others who have been there.

Contact: Jennifer Jerrome, jjerrome@ualc.org

UALC Quilt Guild Retreat

Quilt on your own projects at your own speed while enjoying fellowship and fun over two days.

March 9-10, location tbd

No fees, but register by Feb. 28

Contact: Deb DeWees, 614-578-2783,

ddewees@columbus.rr.com

New Director of Small Group Life

Please welcome Jennifer Jerrome as the Director of Small Group Life. She and her family joined

UALC in 2008 and have been serving as a family on Sundays in Kids' Church and on Tuesdays at ESL. Stop by Lytham Road any morning and introduce yourself to Jennifer.

Faith of Our Fathers

Studies of American history and understanding current culture through the eyes of the Christian faith taught with DVDs and speakers.

Mondays, 7:00-8:30 pm, MR

Contact Steve Sikora, seeko@aol.com

UALC Libraries

"Wow! This Mom gets it!" I said to myself as I saw a mom of preschool-aged children drop off a foot-high pile of books at our Lytham UALC Library. She said to me with a smile, "I love our church library!"



Immediately I remembered the years when our children were young. We often read many wonderful Christian books together during the week. In fact, Blaine and I became convinced that it

was a really effective way to spend quality time together, while planting seeds of truth from God's Word!

Years ago I was asked to chair UALC's Board of Education. The library fell under the oversight of this board, and as time went on I became involved in its leadership. My passion to provide the highest quality children's books and videos was born.

It became apparent that while there is a wide range of books available, they are not all faithful to God's Word. Some paint Christians in an unrealistic light, some are "cheesy," and some have illustrations that are not engaging. Providing "the really good ones" is a treasure hunt that can have eternal ramifications!

If you haven't used the libraries at Lytham or Mill Run, you are missing out! Create sweet memories, while helping your family think about Jesus. Laugh together! Build a fort out of blankets and a card table, and crawl inside with a flashlight and a pile of good books. Talk about what you've read in the car, or as you go through your day. Make it a part of who you are as a family! Walk the talk! It's powerful! It's engaging! It can be life-changing!

You will find terrific Christian resources for all ages at both locations!

Gail Crosser

Check out the libraries at Mill Run and Lytham Road during regular church hours.

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THE LIFE, DEATH, AND RESURRECTION OF JESUS

HOW MUCH WOULD YOU HAVE TO TRUST SOMEONE TO MAKE THEM “KING” OVER YOU? To give someone sovereign and complete control over your decisions, your resources, your future, even your life? For most of us—that’s a level of trust we’ve not been willing to put into a person. We’re skeptical of institutions, frustrated with bosses, cynical about politicians and increasingly cautious about our favorite celebrities.

It gets tempting to think that giving anyone power or authority is just asking for trouble. And then, there’s Jesus. Jesus boldly claims to be King. What do we make of His claim to the throne? Are we truly willing to surrender control over our lives in order to experience the Kingdom? In this series, we’ll press into this hard question and examine this Jesus who asks for full rule and reign over our lives. Will we bend the knee to King Jesus?

SERMON TOPICS AND SCRIPTURE:



The Crowned King (Mark 1:1-15)

Pastor Buff Delcamp, Pastor Dave Mann,
Pastor Jeff Morlock and Carl Schweisthal preaching

The Loving King (Mark 2:13-17)

Joe Valentino preaching



The Powerful King (Mark 5:21-43)

Pastor Dave Mann preaching

The Life-Changing King (Mark 7:1-23)

Pastor Brodie Taphorn preaching



The Surprising King (Mark 8:27-9:1)

Aaron Thompson preaching



Find the worship and preaching schedule at ualc.org/stylesandtimes.